



**A Little Time = A LOT of Good
Learn How to be Part of the Solution
Choose To Help - The Golden Rule in Action Event**

**Thursday, May 28, 3 p.m. to 8 p.m.
Arizona State Fairgrounds, Exhibit Bldg.
Free Admission to the Public - Free Parking**

The Golden Rule might just be the yellow brick road to happiness. That's because people say they get more than they give when they choose to help others. Now, there's a unique opportunity to meet the people behind Arizona charities, ask questions and learn first hand how you can make a difference. And it's all under one roof.

In these tough economic times many non-profits, from food banks to job-training facilities, are struggling to fill the growing demands of those in need. Learn how, with just a little time, you can do a lot of good.

Governor Jan Brewer will kick-off the event at 3 p.m. The Expo is being actively promoted by collaborative partners: Arizona Broadcasters Association, Society of St. Vincent de Paul, AZ Governor's Commission on Service and Volunteerism, the Arizona Community Action Association, the Arizona Department of Economic Security and the City of Phoenix.

This is a must-do event for everyone who cares about those in need. Be a part of the solution. Make yourself feel good. You'll be glad you came.

St Mary's Food Bank will have trucks onsite accepting food and clothing donations.

www.choosetohelp.org

*For more info: Anne Taylor, AZ Interfaith Movement 602-261-6703
or Amy Rocker, One Stop Center 480-497-0350, ext 237*